FREE TRACTION CHECKLIST

The simple system to create consistent marketing momentum — without burnout or guesswork.





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You don't need to go viral — you need traction.

The 5 Habits of Traction

1■■ Define Your Focus

Be crystal clear about who you serve and what single problem you solve. One focused message beats ten random posts.

2■■ Automate Consistency

Batch content weekly and schedule it using tools like Metricool or Pictory. Consistency builds visibility.

3∎■ Blend Emotion + Logic

Share short stories that make people feel something — then show them what to do next. Emotion attracts, logic converts.

4∎■ Build a Simple Funnel

Use one link (Linktree or build a landing page on your website) to route people to your services, partners, and affiliate offers.

5■■ Track What Works

Check your insights weekly. Double down on what performs and drop what doesn't. Traction grows from iteration, not perfection.

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Most business owners don't fail from bad ideas — they fail from scattered marketing. The Traction Blueprint Checklist + 3-Pillar Marketing Audit helps you simplify, organize, and grow your marketing around three pillars that create momentum.

The 3 Pillars of Marketing:

- 1■■ Modern Storefront Be found & look credible.
- 2■■ Retain Past/Current Customers Stay connected & build loyalty.
- 3■■ Obtain New Customers Expand with ads, outreach, and smart automation.



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The 3-Pillar Marketing Audit

Score each item 1-5 (1 = not implemented, 5 = fully optimized).

PILLAR	KEY ELEMENTS	SCORE (1-5)
1: Modern Storefront	 Modern Looking Site (& Mobile Friendly Google Business Profile Set Up Basic SEO Set Up Retargeting Pixels Installed 	
2: Retain Past/Current Customers	Email MarketingAutomated Follow UpRewards Programs	
3: Obtain New Customers	 Ads Display Ads Google Ads Social Media Robust SEO OTT/CTV Landing Pages 	

Interpretation Key:

- 0–15: Foundation Needed → Start with "Fine, Do It Yourself. (The Stubborn Entrepreneur's Marketing Guide)" or hire Adz Solutions (a flat-fee agency)
- ■■ 16–25: Building Traction → You're ready for The Traction Collective
- 26–30: Scale Ready → Perfect fit for Adz Solutions Pro Services or stay with The Traction Collective

FREE TRACTION CHECKLIST

You've Audited. Now Build.

Don't overthink your marketing. Just start where you are — and use the system to create measurable growth every month.

- Buy the Book "Fine, Do It Yourself. (The Stubborn Entrepreneur's Marketing Guide"
- Join The Traction Collective
- Work with Adz Solutions a done-for-you advertising and marketing consulting firm. Flat Monthly Fee then advertising at COST. Read eBook, "The Anti-Agency Playbook"

